

# Mexican Quinoa

## Ingredients

1 cup of quinoa  
1 lb of ground turkey  
1/2 avocado, diced  
1/2 cup of corn  
1/2 cup of black beans  
1/2 cup of tomatoes, chopped  
1/2 cup of bell peppers, diced  
1/2 cup of purple onion, diced  
1/2 cup of green onion, diced  
1/2 cup of cheddar cheese, diced  
1/2 lemon  
1/2 lime  
optional: red pepper hummus  
season to taste

## Instructions

Cook quinoa according to directions. Cook ground turkey until brown. Mix turkey and quinoa together in a dish. Mix all ingredients with turkey and quinoa. Squeeze fresh lemon and lime over the top. Season to taste. Add red pepper hummus to individual serving and enjoy!



This dish is perfect for a quick meal on a week night or meal prep to eat throughout the week!