

NO- BAKE COCONUT BROWNIES

Ingredients

Brownies:

- 1 cup Trim Healthy Mama Baking Blend (you can use any flour you prefer)
- 1 cup cocoa powder
- 1 scoop chocolate protein powder
- 3/4 cup peanut butter (you can use any nut butter)
- 1 cup of organic maple syrup
- 2 tbsp of raw honey
- 1 banana, mashed
- 2 tbsp unsweetened almond milk

Coconut Topping:

- 1/2 cup coconut oil
- 1 1/2 cups shredded unsweetened coconut
- 2 tbsp pure maple syrup

Instructions

Line a 9 x 9 baking pan with parchment paper. In a large mixing bowl, add your brownie base ingredients and mix well. If the batter is too thick, add more almond milk until a thick batter remains. Pour the batter into the lined baking pan and press firmly into it. Melt your coconut oil. Add your shredded coconut and pure maple syrup and mix until fully incorporated. Pour the coconut mixture onto the brownie mixture and refrigerate for at least 1 hour. Once the coconut brownies have firmed up, cut and enjoy!