Carson Natural

Health and Wellness Consulting

Life Transformation Medical Center

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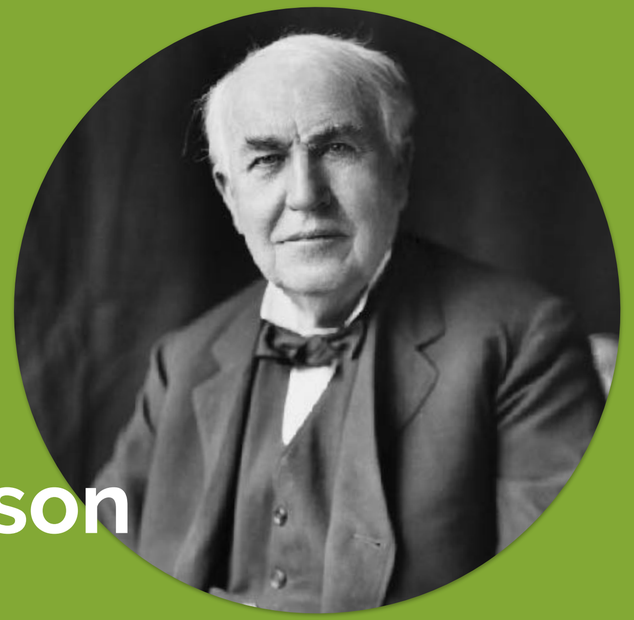
We Don’t Need Another Drug

We Need a Strong and Healthy Immune System

“The doctor of the future will give no medicine, but will interest his patients in the care of the human body, in diet, and in the cause and prevention of disease.”



Thomas Edison

New Prescription Drugs: A Major Health Risk With Few Offsetting Advantages

June 27, 2014

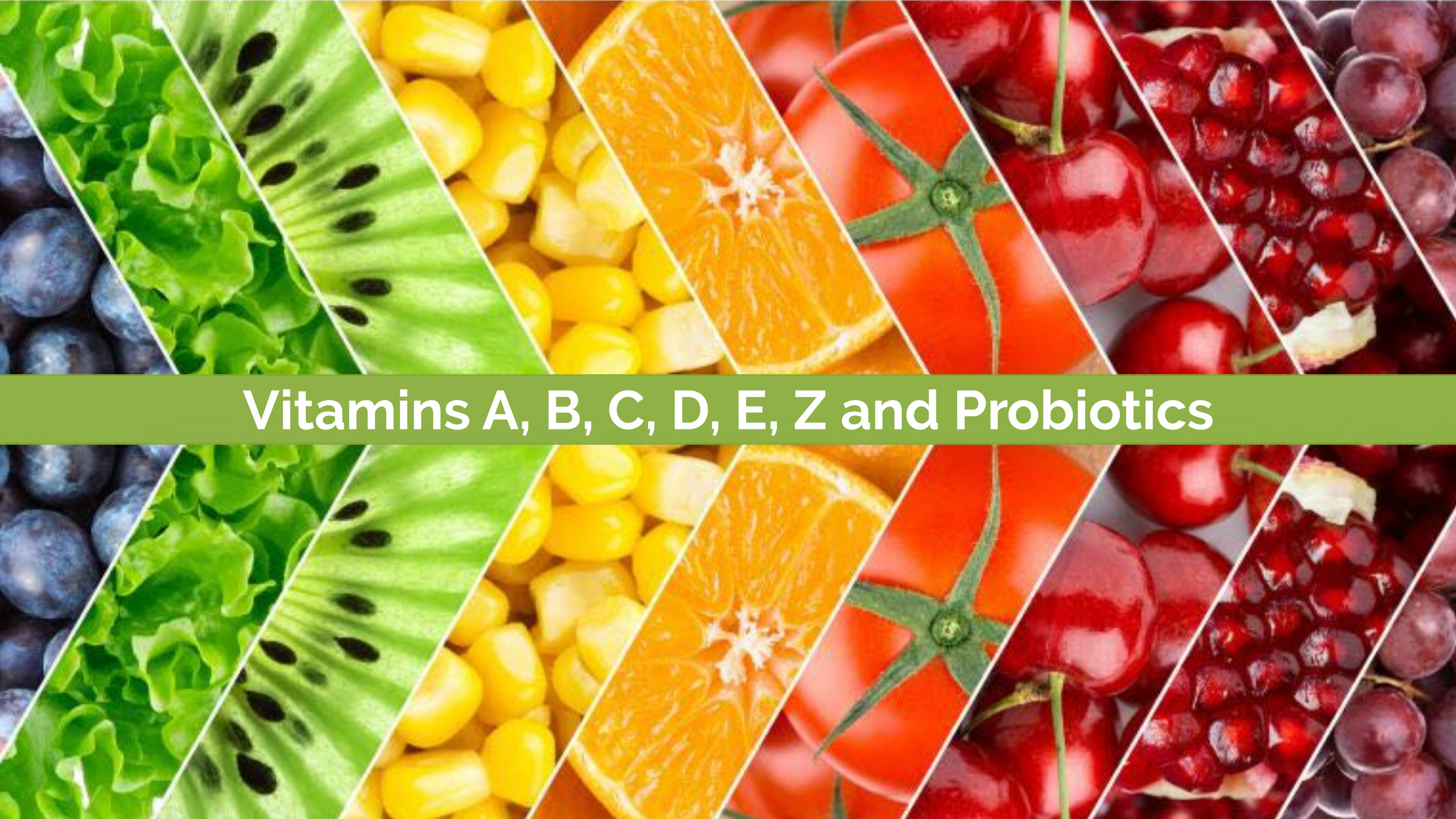
by Donald W. Light

Few people know that new prescription drugs have a 1 in 5 chance of causing serious reactions after they have been approved. That is why expert physicians recommend not taking new drugs for at least five years unless patients have first tried better-established options, and have the need to do so.

One of the biggest tragedies *of human civilization is the precedents of chemical therapy over nutrition. It's a substitution of artificial therapy over nature, of poisons over food, in which we are feeding people poisons trying to correct the* reactions of starvation.

Dr. Royal Lee

Are You Starving?



Vitamins A, B, C, D, E, Z and Probiotics

“If the doctors of today do not become the nutritionists of tomorrow, then the nutritionists of today will become the doctors of tomorrow.”

Nutrient Supplementation

VITAMIN
C

Vitamin C Deficiency Symptoms

- Easy bruising
- Swollen gums
- Bleeding gums
- Slow wound healing
- Gingivitis
- Dry and splitting hair
- Dry red spots on the skin
- Rough, dry, scaly skin
- Nosebleeds
- **WEAKENED IMMUNE SYSTEM**
- **DIGESTIVE DISORDERS LIKE LEAKY GUT AND AUTOIMMUNE DISEASE**
- Possible weight gain because of slowed metabolism
- Swollen and painful joints

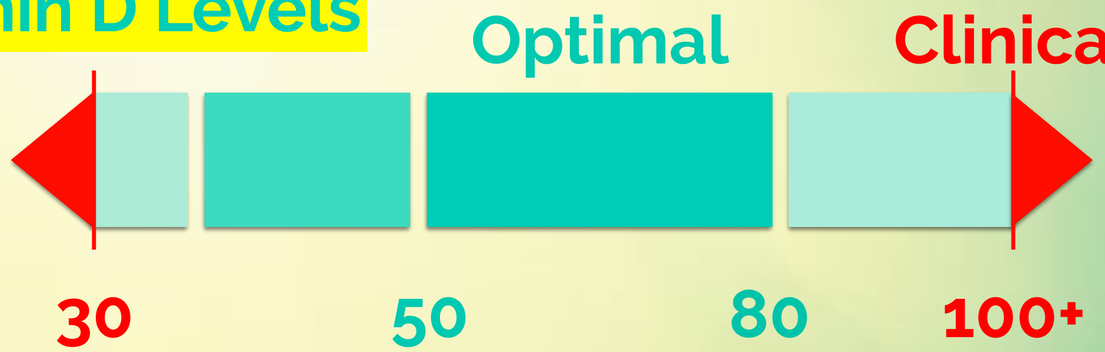
VITAMIN
D

hello sunshine

Eat Lunch Naked

VITAMIN D COUNCIL

Vitamin D Levels



Autoimmune Diseases Associated with Vitamin D Deficiency

- Multiple Sclerosis
- Crohn's Disease
- Lupus
- Rheumatoid Arthritis
- Colorectal Cancer
- Chronic Lymphocytic Leukemia

Zinc

Symptoms of Zinc Deficiency

- atrial fibrillation
- hair loss
- diarrhea
- poor wound healing
- lack of appetite
- acne
- loss of smell or taste
- warts
- mental depression
- mental lethargy
- **WEAK IMMUNITY**
- dyslexia

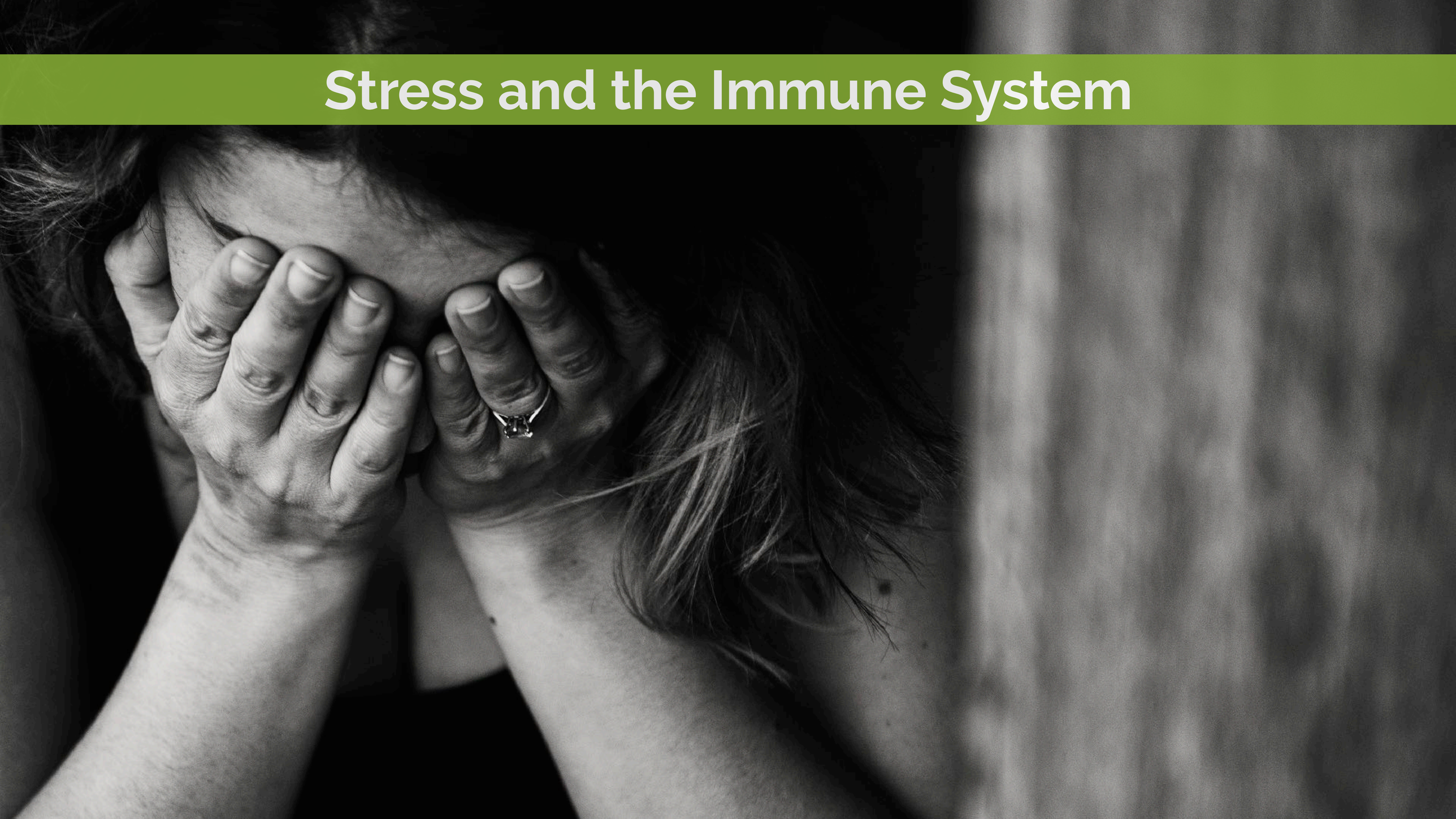
Supplements

Synthetic VS Food Source
Artificial VS Natural

Probiotics Essential for a Healthy Immune System

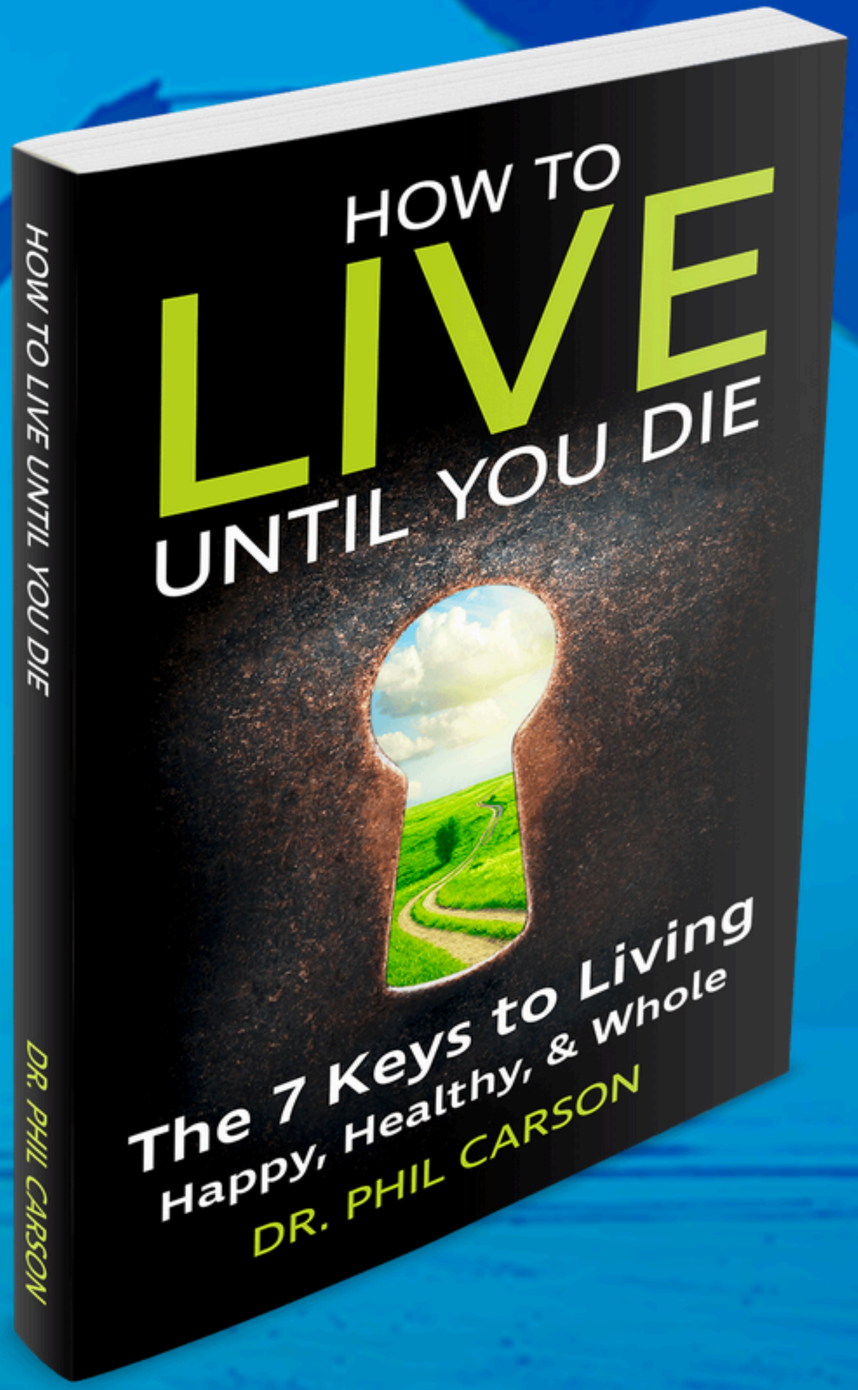
Cellular Restoration

Stress and the Immune System



A Healthy Immune System . . . Your Life Depends On It

You Hold the Key to a Healthy Immune System



"It doesn't matter what your story was or what your story is; you can start a new story today."

Dr. Phil Carson

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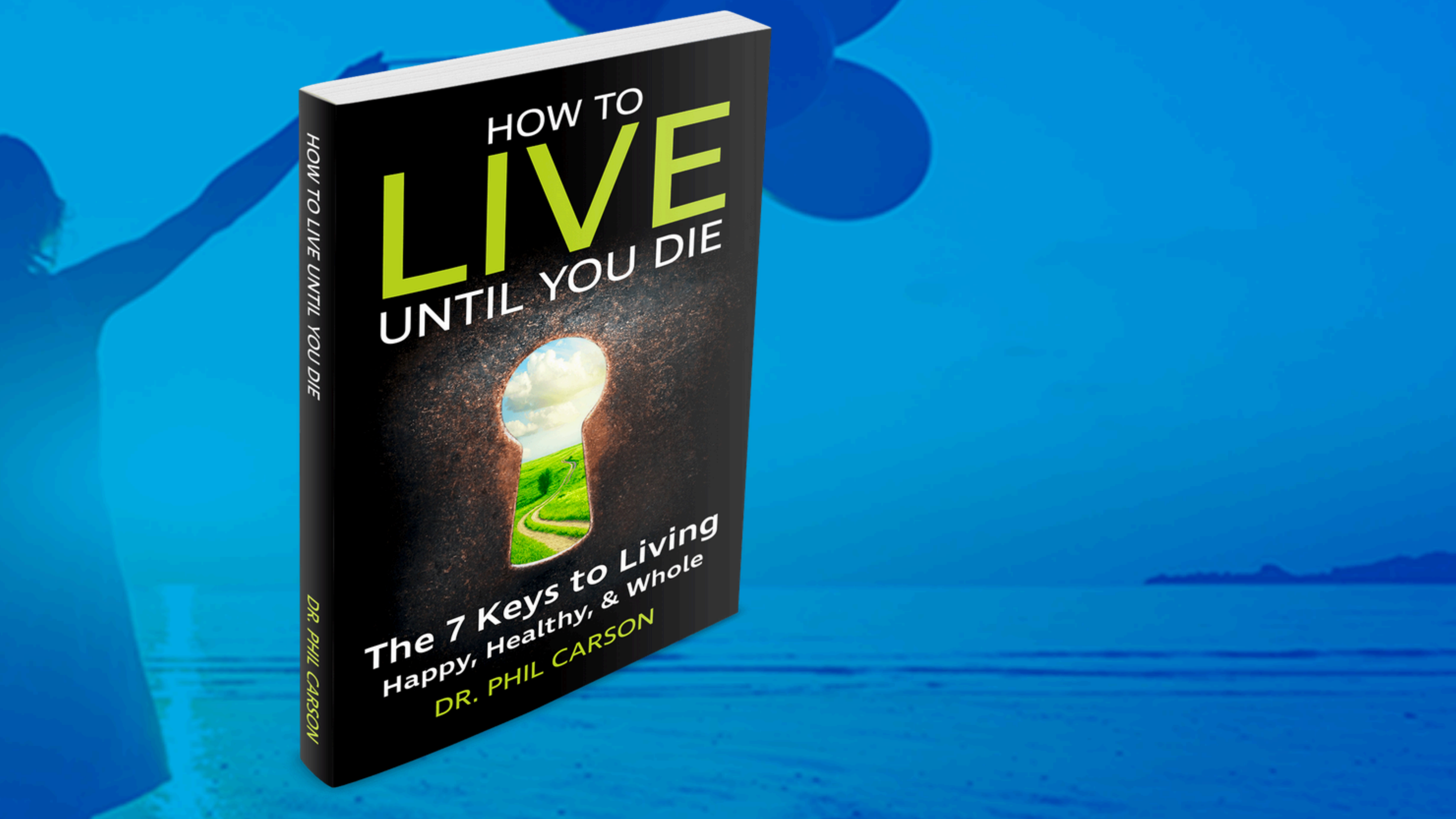
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UNTIL YOU DIE
The 7 Keys to Living
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